



The Valley Voice

A publication of Valley View Living Center

HAPPY VALENTINE'S DAY FROM VALLEY VIEW

It is hard to believe that we are into the February month! It seems like the holidays were not that long ago. Since it has been cold and snowy, we have enjoyed the coziness of our warm home with the fireplace going and the smell of popped corn, and baked bread and cookies in the air. It is definitely the time to bake.

February is always full of heartfelt activities, and we look forward to voting of the King and Queen and the crowning on Valentines Day! We usually decorate bags for each resident's door that our staff will fill with valentines. Frank Andreesen is going to entertain us with "Let Me Call You Sweetheart!"

February is filled with lots of interesting things. It is National Kraut and Frankfurter Month and Cherry Pie Month. The 21st is Love Your Pet Day. It is interesting to hear about all the different pets our residents have had and the stories behind them. I'll bet we all can remember something that sticks in our mind that was special or things they did that we have not forgotten, good and bad. One of my favorite I heard is the one about the rooster that chased my brother when he was a little tyke. It was a very hot summer day and he ran and got into the old model A. When my Mother found him, he was ring and wet with sweat with the windows up. I think the rooster probably made delicious soup in the next day or two. He was not a pet to love.

Some famous presidents were born this month as well as the legendary Buffalo Bill Cody. We will enjoy some history discussing some of these famous people and their part in the past that made them go down in the history books.

Carol Miller is coming to show us some ideas in floral arrangement. Most of us love flowers and it is Floral Design Month. We are hoping maybe to get to wear blue jeans on Blue Jeans Friday. This is Levi Strauss birth anniversary month. They were creator of the first pair of blue jeans back in 1829. Many think they fit well but I wonder if they had the size on the outside in the back then like they still do. Nobody needs to know my size!

Chili soup is recognized this month also. For those of us interested in a hearty bowl may have that to look forward to. There are always choices here. That is more than I can say at my house.

When we get discouraged with this weather we can remember this quote of the day.

"If we had no winter, the spring would not be so pleasant."- Anne Bradstreet

Keep witty and warm!

~ Sharon Hanks, Activities

QUOTE OF THE DAY

"I have found the paradox, that if you love until it hurts, there can be no more hurt, only more love."
~Mother Teresa

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Above: Marie Iwanski, Jerry Faimon, Mary Burson, Betty Hefner, and Eldon Lukesh playing BINGO.



Above: Elvira Bolli playing BINGO, while Dale Karre calls the numbers.



Above: Beulah Stiger, Dale Karre, Gert Osetowshi, and Ruth Smith playing BINGO.

FROM OUR HEARTS TO YOURS!

Social Service Update:

Hello everyone!! Spring is only 7 weeks away!!! We always need to think of the positive if we can. You may see some of the staff wearing blue bracelets that say POSITIVITY on them. We just need to remember that none of us can be positive all the time, but trying to “see the silver lining” as my Mom used to say, isn’t really going to hurt us. We all choose to participate in positive or negative thoughts. I’m not a “Pollyanna”, but I’m not a “Negative Nelly”! Well, enough positive reinforcement, but with changes happening all around us, let us all look to the good that comes from it.

Just a note to remind or let you know of a Caregiver’s Support Group that meets monthly, on the second Thursday of each month at 7:00 p.m. It is at the Education Building, 1617 M Street, downtown and open to anyone that is a caregiver, either at home or has a loved one in the

nursing home, assisted living, etc. Caregivers come in all age ranges and can be caring for old or young. Just remember we all need someone to talk to or bounce ideas off of. Come and join us, just bring yourself and a friend if you want. You can contact Julie Rowse S.S.D. at 728-4244 if you have any questions or would like to find out more.

We will be having a Family Meeting, in the Atrium, to discuss the upcoming laundry services on February 23rd at 7:00 p.m. Please come to find out what changes will be taking place. We will also be having our Caring Across Generations on February 18th at 7:00 p.m. in the Atrium. Sue Bochart from Central Nebraska Community Services will give a presentation on the Respite Care Program available for all ages. She will bring a door prize and some small giveaways. So come and join us for snacks and coffee or tea..

Well, that’s enough for one month. Everybody have a great Ground Hogs Day, Valentines Day and Ash Wednesday is the 17th!

~Julie Rowse S.S.D.

HAPPY BIRTHDAY

**FLORENCE
ZADINA**
02/14/2010

WARM WELCOME

TO NEW RESIDENTS

CAROLYN SEIDEL
12/31/2009

RALPH ZULKOSKI
1/19/2010

OUR CONDOLENCES TO THE FAMILY OF

EVELYN JANICEK

UPCOMING FEBRUARY 2010 Events

- CAROLINE MENTZER.....FEBRUARY 2
- SUPER BOWL.....FEBRUARY 7
- GOING TO THE BIRDS.....FEBRUARY 9
- RESIDENTS BIRTHDAY PARTY.....FEBRUARY 9
- VALENTINE’S PARTY.....FEBRUARY 12
- SANDHILLERS.....FEBRUARY 15
- DOG’S LIFE.....FEBRUARY 19
- CEDAR HILL MUSIC.....FEBRUARY 19
- LYLE HULINSKY.....FEBRUARY 22
- CHICKEN FOOT.....FEBRUARY 23

ROADS OF LIFE

BY JEN MCBRIDE

“There is no place like Nebraska, dear old Nebraska U. Where the girls are the fairest the boys are the squarest of any old school that you knew. There is no place like Nebraska, where they’re all true blue. We’ll all stick together in all kinds of weather for dear old Nebraska U!”

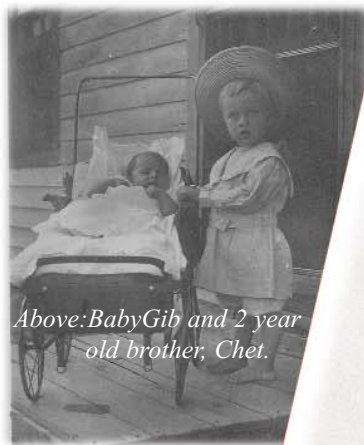
Ah, the roar of the crowd, the Fairbury Hot Dogs and let’s not forget the awesome fans who pack the stadium for a sell out crowd. I don’t know about you, but I have enjoyed several “Go Big Red” games and that is where my journey leads to this time. My friend here at Valley View Living Center, Gib Babcock, can give you the ins and outs of working at the University under the watchful eyes of both Bob Devany and Tom Osborn.

Gilbert, “Gib” was born July 2, 1913 in Nortonville, KS. He came from a family of six boys and four girls. At this time Gib, a sister Bonnie from North Lou, NE and a brother Don from Hickman, NE are the only family members left. Gib lived in Nortonville, KS, then moved out to the western part of Kansas and came to North Loup, NE to make his home with his family. “I was 10 years old when we moved to North Loup.” He attended school at North Loup and Scotia and then took 2 years worth of credits at the University of Nebraska Lincoln. During this time he worked with the Husker Football team. I asked him what his most memorable game was he replied, “The Game of the Century when Nebraska beat Oklahoma and having the privilege to work with both Bob Devany and Tom Osborn.”

In March of 1935 he married Leone Stevens. They were married in the Valley County Court House by Judge John L. Andersen who just happened to be Geri Warfords grandfather. Gib and Leone were introduced by the girl who actually was the one he had eyes for, but he fell in love with Leone after meeting her. He worked for her family on their farm. Three children were born to their union- a son, Loren, who lives in North Platte, NE, a daughter, Barbara, who lives in Wesford, PA and a son, Ronnie, who attended the Naval Academy and died on the submarine “The Thresher”.

Gib enjoyed numerous activities and recalled going to many Square Dances at the North Loup Community Building. “We had a gentleman from Grand Island who came and called the dances. He was paid a \$100.00 for the evening and everyone took turns furnishing a lunch afterwards.”

As I closed my visit with Gib we reminisced of the football games in Lincoln and what he might have to tell anyone on their journey thru life. “Well, when Leone and I were married we always said if the marriage didn’t work and someone wanted out they had to take the kids. So neither of us wanted out and we were married 71 years. But, I always had the last word”, he said jokingly. “Life is what you make of it.” I couldn’t agree more.

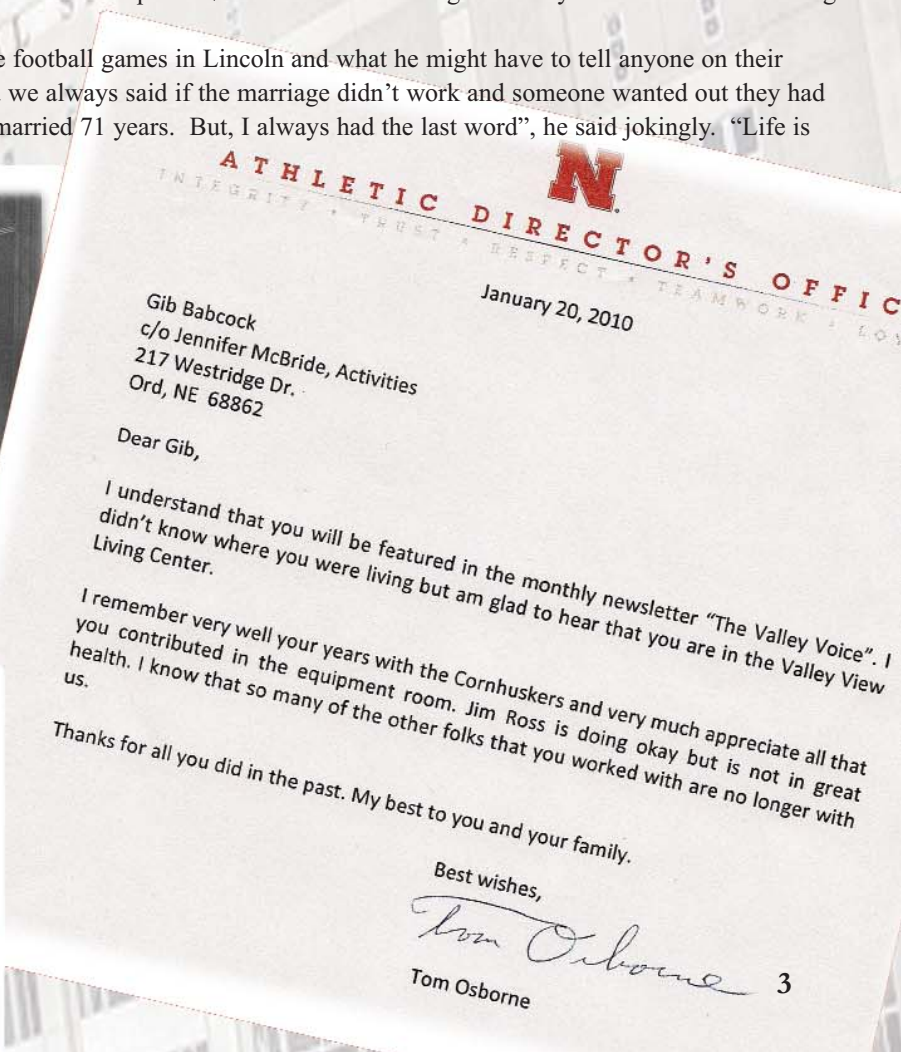


Above: Baby Gib and 2 year old brother, Chet.



Above: Gib and wife Leone on there 50th anniversary.

Right: Son Loren, Gib and daughter Barbara Anderson..



ATHLETIC DIRECTOR'S OFFICE
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January 20, 2010

Gib Babcock
c/o Jennifer McBride, Activities
217 Westridge Dr.
Ord, NE 68862

Dear Gib,

I understand that you will be featured in the monthly newsletter "The Valley Voice". I didn't know where you were living but am glad to hear that you are in the Valley View Living Center.

I remember very well your years with the Cornhuskers and very much appreciate all that you contributed in the equipment room. Jim Ross is doing okay but is not in great health. I know that so many of the other folks that you worked with are no longer with us.

Thanks for all you did in the past. My best to you and your family.

Best wishes,
Tom Osborne 3
Tom Osborne



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Above: Beulah Stiger enjoying her birthday party.

Change is coming!

This is an exciting time for Valley County Health System. As we watch the development of the new hospital, we can see that it won't be long until moving day will be here. While Valley View Living Center will not be moving, there will be changes that will impact us. The first of these changes will be to the way laundry services are provided. As of April 1st, our laundry will be contracted out to a private company. What this will mean for staff and residents will be discussed on Tuesday February 23rd in the Atrium. Please come and bring your questions. Fasten your seat belts and hang on to your hats. It might get a little bumpy at times but it will be a great ride!

See you there,

Connie Fread

Connie Fread DON
Valley View Living Center

