

## TALKING & LISTENING

Scientists who study the brain have found out a great deal about how we learn. They have discovered that babies learn much more from the sights and sounds around them than we thought previously. You can help your baby by taking advantage of her hunger to learn.

From the very beginning, babies try to imitate the sounds that they hear us make. They “read” the looks on our faces and our movements. That’s why it is so important to talk, sing, smile, and gesture to your child. Hearing you talk is your baby’s very first step toward becoming a reader, because it helps her to love language and to learn words.

As your child grows older, continue talking with her. Ask her about the things she does. Ask her about the events and people in the stories you read together. Let her know you are listening carefully to what she says. By engaging her in talking and listening, you are also encouraging your child to think as she speaks. In addition, you are showing that you respect her knowledge and her ability to keep learning.