

Making the road to recovery a better experience.

Valley County Health System's certified wound, ostomy and continence nurse (CWOCN) provides the highest-quality care in Central Nebraska to patients experiencing wounds, ostomies and continence disorders.

Just as each patient is a unique, special individual, each care plan formulated by our CWOCN is customized to our patients' needs.

The personalized, compassionate care you and your loved ones expect can be found close-to-home, at Valley County Health System in Ord.

### Mission

Valley County Health System will provide progressive healthcare services in a healing, patient-centered environment.

### Vision

To be the healthcare provider of choice and a symbol of strength, vitality and caring in the region we serve.

### Values

- Integrity
- Compassion
- Ownership
- Respect
- Trust



### Contact Us

To learn more about our services  
308-728-4200 or 888-252-3874

# Wound, Ostomy and Continence



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# Progressive Care with Compassion



## Providing Care

Kelly Geweke, APRN-NP, CWOCN provides care to patients in need of wound, ostomy and continence services. She is uniquely prepared to meet the individual needs of patients, providing high-quality care with compassion, dignity and respect. Kelly is a graduate of the Emory University Wound, Ostomy and Continence Nursing Program in Atlanta, Georgia.

Kelly Geweke, APRN-NP, CWOCN functions as Valley County Health System's consultant for patients with complex draining wounds, fistula, pressure ulcers, vascular ulcers, arterial and neuropathic ulcers, ostomies and skin problems related to fecal and/or urinary incontinence. Kelly is responsible for assessing, planning, implementing and evaluating the care provided to patients with these conditions ensuring each patient is on the road to recovery.

## Wound Care

Appropriate management is needed for patients with complicated wounds. Without proper care and treatment, chronic wounds can be a serious threat to a patient's quality of life. Our wound care nurse provides specialized care and directs interventions that can accelerate the healing process and provide cost savings. Specifically, the wound care nurse can:

- Educate patients, family and nursing staff about preventative measures or management techniques to promote wound healing.
- Implement plans to prevent pressure ulcers and other wounds from developing.
- Reduce the percentage of patients who develop pressure ulcers.

## Ostomy Care

An ostomy is a surgically-created opening in the body for the discharge of wastes. In addition to changes in the body function, ostomy patients must deal with changes in how they perceive themselves. Being involved in the care of patients with ostomies, the wound care nurse can:

- Provide pre-operative visits and stoma site selection for elective problems.
- Develop rehabilitation plans to help the patient return to a productive lifestyle.
- Deliver patient and family education to help master management and care of the ostomy and ensure correct use of care products.
- Deliver follow-up care or access home health nursing needs.
- Help patients and families identify problems that should be reported to a physician or wound care nurse.

## Continence Care

Early identification and treatment of underlying causes are essential in reducing complications related to urinary and/or fecal incontinence. This, in turn, can reduce the need for expensive use of supplies, services and institutionalization. Once causes are determined, the most appropriate and effective approach can be formulated. The wound care nurse can:

- Assess the patient for the cause and type of incontinence.
- Collaborate with physicians and other healthcare providers to develop a care plan for the control of continence.
- Teach care providers, patients and families the steps to correct incontinence or effectively manage it at home.

## Foot and Nail Care

Our wound care nurse is also educated in basic and intermediate foot care. Basic foot care consists of a yearly assessment, foot hygiene, comfort and patient education. The goals of intermediate foot care are to educate the patient in foot self-care, promote skin integrity and prevent ulceration or injuries. The nurse can:

- Educate the patient, family or caregiver in basic foot care.
- Provide lower extremity assessment at each visit.
- Detect early problems and provide prompt diagnostic and treatment interventions.
- Make referrals to specialists if assessment warrants.



Kelly Geweke, APRN-NP, CWOCN  
Wound, Ostomy and Continence Nurse